

# 'in the know'



'in the know' is a monthly networking and information sharing session that provides a topic expert on what parent/caregivers really want to know.

This is an opportunity to share so that everyone is 'in the know'.

Sessions are provided as a parent information session or a webinar through home internet and group webinar viewings are available in participating communities.

See website for locations

## TRI-CITIES COMMUNITY VIEWING SITE; PARENT INFORMATION & NETWORKING SESSION

Room 136 Coquitlam Public Library - City Centre Branch; 1169 Pinetree Way, Coquitlam  
(free parking on second floor of parkade)

[Click here for map](#)

### "Erupting Angst: Understanding the collision between anger & aggression in the world of anxiety."

presented by Dr. Vanessa Lapointe; Registered Psychologist;

Wishing Star Founder at the The Wishing Star Lapointe Developmental Clinic

This webinar will seek to provide an understanding of the reasons why anger and aggression often become the challenging mask behind which anxiety hides.

**Date: Wednesday, January 21, 2015 - Time: 6:30pm – 8:30pm**

For more information and topics go to [www.forcesociety.com](http://www.forcesociety.com). Please rsvp your attendance by email to [Marlisse@forcesociety.com](mailto:Marlisse@forcesociety.com) or [Moira@forcesociety.com](mailto:Moira@forcesociety.com) or phone 604.878.3400